

INDY NORTHSIDE NEWS

January 2025

TOP NEWS

- Snow Information & Resources
 - Indy Snow Force Viewer
 - Power Outages
 - Snow Removal
 - Outdoor Animals
 - Warming Centers
- Riding Bikes & Driving Safe
- Sound Bath Workshop
- AARP Community Challenge
- Free Dental Services Feb 1st
- Know Your Rights: Immigrants' Rights

RESOURCES

- Report potholes, abandoned vehicles, stray animals, & more through the Mayor's Action Center:
 - 317.327.4622
 - [Request Indy Online here](#)
 - Request Indy App
- My contact info
 - mina.moussa@indy.gov
- Community Office Hours
 - 2nd & 4th Wednesdays from 10-12
 - [Click here for locations](#)

MEET YOUR MNA

Hello! My name is Mina Moussa, and I am the MNA for Area 1. Before joining the city, I was with Project Azul, an Indianapolis non-profit focused on upskilling individuals in the logistics and manufacturing industries. I majored in Anthropology at Ball State (chirp chirp!). When I'm not working, I like to hang out with friends, try out new restaurants, and watch movies.



SOCIALS

If you know anyone who may find this newsletter helpful, please encourage them to add their email to the distribution list at: [Click this link](#)

To see weekly updates, [follow me on Nextdoor here.](#)



SNOW INFORMATION & RESOURCES

Stay safe and warm, neighbors!

Stay updated on weather conditions with the National Weather Service:

<https://www.weather.gov/ind/>

Check out other helpful reminders for cold & snowy weather below:

AFSCME Local #725 and Indianapolis Fleet Services crew members are in constant 12-hour shifts as we begin another snow fight. See what streets are being plowed in real-time using the Indy Snow Force Viewer: <https://maps.indy.gov/IndySnowForceViewer/>

POWER OUTAGE: If a power outage occurs, call AES Indiana immediately at 317-261-8111 or report outages online at <https://www.aesindiana.com/outages>

HEATING YOUR HOME: The Indianapolis Fire Department (IFD) reminds residents to never use ovens or stove tops to heat homes. Residents using space heaters should follow manufacturer instructions and keep a three-foot perimeter away from combustibles such as clothing, furniture and curtains. Do not leave candles unattended.

SNOW REMOVAL: Please consider taking the time to help neighbors who are physically unable to shovel their sidewalks or driveways. Residents can also call 211 for assistance. Snow should be moved to a yard and not the street or any spot that blocks crosswalks, alley entrances, mailboxes, or fire hydrants.

UNSHELTERED NEIGHBORS: If you encounter someone in need of shelter, call the Mayor's Action Center (8am-5pm) or Indiana 211 (24/7); or utilize the Indy Cares app to connect individuals or families with resources. A color-coded map listing available resources, including shelters and warming centers are available to view here: <https://www.indy.gov/agency/office-of-public-health-and-safety>

OUTDOOR ANIMALS: By local ordinance, animals should be brought inside when temperatures are at or below 20 degrees Fahrenheit, or if a wind chill advisory has been issued. Report animals that have been left outside to the MAC. (Please ensure all reports are for extended exposure and not short trips outside.) Need resources for pets? Friends of Indianapolis Dogs Outside (FIDO) provides insulated doghouses and crates to keep pets safe in extreme cold and Indy Neighborhood Cats offers a Winter Survival Guide for community cats. Links to their websites: <https://fidoindy.org/> and <https://www.indyneighborhoodcats.org/>

WARMING CENTERS: All Indy Parks Family Centers will be open as warming centers during regular business hours. Hours, contact information, and updates can be found here: <https://parks.indy.gov/extremeweather/>

SNOW INFO & RESOURCES (CONTD)



ICE AND SNOW, TAKE IT SLOW

Winter driving can be hazardous. Slow down to keep yourself and everyone on the road safe.

FACT: Each year in the U.S. there are over 1,000 deaths and 100,000 injuries due to crashes during winter weather

1. Clean your vehicle before driving, flying snow causes crashes
2. Keep it slow, don't use cruise control as roads can be slick
3. Leave extra distance between vehicles, especially for plows

Cold Impacts: Vulnerable Populations



NEWBORNS

Newborns are extra sensitive to cold. They lose body heat more easily than adults and can't make enough body heat by shivering.



ELDERLY

Older adults often make less body heat because of a slower metabolism and less physical activity, making them more susceptible to the cold.



CHRONIC ILLNESS

People with certain chronic medical conditions are at a higher risk for cold-related illnesses.



OUTDOOR WORKERS

Outdoor workers such as farmers, construction workers, and utility personnel face higher risks of exposure to cold.



UNHOUSED

People without adequate clothing and/or shelter are at an increased risk of cold-related illnesses.

Sources: CDC, EPA

weather.gov



SNOW INFO & RESOURCES (CONTD)

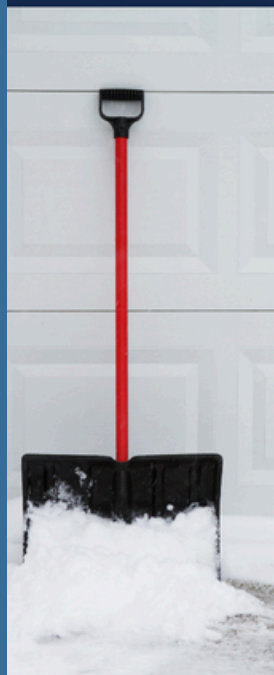



Keep Weather Ready

INDY.GOV/SNOW



Shovel Smart!



- 
- Dress warm, making sure to cover head, fingers and toes.
 - Stay hydrated, but avoid heavy meals right before or after shoveling
 - Take frequent breaks, and stop shoveling if you feel exhausted
 - Move only small amounts of snow with each pass of the shovel

Indy.gov/snow
[@IndyDPW](https://twitter.com/IndyDPW)
facebook.com/indydpw

RIDING BIKES & DRIVING SAFE



JANUARY 25TH

2:30-4:00PM



IN PARTNERSHIP WITH BIKE INDIANAPOLIS:

RIDING BIKES & DRIVING SAFE

Bike Indianapolis invites you to rediscover the joy of biking with a 1.5-hour seminar. Learn tips for safe riding, the benefits of cycling, and how drivers can help keep cyclists safe on the road. Participants will receive a front and tail bike light.

*No bike required.
Activenet Code:34818

FREE!

**FREDERICK DOUGLASS
FAMILY CENTER**

1616 E 25TH ST,
INDIANAPOLIS IN, 46205



FOR MORE INFO CALL:

INDY PARKS CUSTOMER SERVICE
(317) 327-7275



SOUND BATH WORKSHOP



RESCHEDULED



Sound Bath Workshop

Join us for a free, all-ages Sound Bath Meditation with Lydia from Tranquil Tones. Bring a blanket, yoga mat, or pillow to relax and recharge!

- January 30th from 5-6pm
- Riverside Park
 - 2420 E Riverside Dr.

- Program is free, but there are only 15 spots open



Registration Code: 34843

To Register or Learn More

Scan the QR Code
Visit Parks.Indy.Gov/Programs
or call 317-327-7275

@tranquiltunes_indy



AARP COMMUNITY CHALLENGE



A GRANT PROGRAM TO MAKE COMMUNITIES MORE LIVABLE FOR PEOPLE OF ALL AGES WITH TANGIBLE IMPROVEMENTS THAT JUMP-START LONG-TERM CHANGE

\$20.1M
INVESTED
in quick-action
PROJECTS

1,700
GRANTS
delivered over
EIGHT YEARS

67%
OF GRANTS
have gone to local
NONPROFITS

33%
OF GRANTS
have gone to local
GOVERNMENTS

GRANTS BY LOCATION:

40%	40%	20%
URBAN	RURAL	SUBURBAN

Have a great project idea for your community?
APPLY FOR A 2025 GRANT TODAY!
 Eligible applications will be accepted from:
January 8 - March 5 at 5:00 pm ET / 2:00 pm PT
 Learn more and apply:
[AARP.org/CommunityChallenge](https://www.aarp.org/CommunityChallenge)

Since 2017, grantees have installed **almost 40,000** tangible permanent or temporary improvements in their communities, and created **over 6,000** resources, activities or programs, including the ones below.



AARP COMMUNITY CHALLENGE

SMALL DOLLARS, BIG IMPACT

49% of grantees demonstrate the grant helped them leverage additional funds and support from public and private organizations.

84% of grantees demonstrate the grant helped to overcome policy barriers or advance change.

100% of grantees demonstrate the grant led to greater awareness, engagement, and new relationships.

GRANT FUNDING OPPORTUNITIES

In 2025, the AARP Community Challenge is accepting applications across three different grant opportunities:

	FLAGSHIP GRANTS	CAPACITY-BUILDING MICROGRANTS	DEMONSTRATION GRANTS
	<p>Flagship Grants offer a broad opportunity for communities to apply for funding across several categories.</p>	<p>Capacity-Building Microgrants combine grant funding with expert support and AARP publications.</p>	<p>Demonstration Grants encourage replication of promising local efforts in communities nationwide.</p>
GRANT AMOUNTS	<p>Average grant: \$11,500 (not exceeding \$25,000)</p> <p>Since 2017, AARP has funded projects with an average grant amount of \$10,000-12,000 and 92% of grants being \$20,000 or less. In 2025, Grants will not exceed \$25,000.</p>	<p>\$2,500 grants</p> <p>Microgrants will include additional resources, such as webinars, cohort learning opportunities, up to 2 hours of one-on-one expert support with leading national organizations and AARP publications.</p>	<p>Average grant: \$10,000-\$20,000 (not exceeding \$25,000)</p>
PROJECT CATEGORIES	<ul style="list-style-type: none"> ✓ Public Places ✓ Transportation ✓ Housing ✓ Digital Connections ✓ Community Resilience 	<ul style="list-style-type: none"> ✓ <i>New!</i> Disaster Preparedness Training – with support from SBP and using the AARP Disaster Resilience Tool Kit ✓ Bike Audits – with support from League of American Bicyclists and using the AARP Bike Audit Tool Kit ✓ Walk Audits – with support from America Walks, using the AARP Walk Audit Tool Kit ✓ HomeFit® Guide Modifications – with support from R.L. Mace Universal Design Institute and using the AARP HomeFit Guide 	<ul style="list-style-type: none"> ✓ <i>New!</i> Enhancing pedestrian safety (with funding support from Toyota Motor North America) ✓ <i>New!</i> Expanding high-speed internet (broadband) access and adoption (with funding support from Microsoft) ✓ Reconnecting communities divided by infrastructure ✓ Implementing housing design competitions



WEB aarp.org/communitychallenge

EMAIL communitychallenge@aarp.org

FACEBOOK [AARP Livable Communities](#)

X [@aarpable](#)

FREE DENTAL SERVICES FEB 1ST



HOOSIERS!

Give Kids a Healthy Smile

FREE dental screening

FREE dental clinic for ages 3-10 that includes dental screenings, cleanings, and other preventive services plus activities, dental kits and oral health books.

- Entry into the Children's Museum is not required, and this event is **FREE**
- Families who present their Medicaid card at the registration desk will have chance to receive an adult ticket and a select number of children's tickets to the museum
- Services and materials are provided on a first-come, first-served basis
- Pre-registration is highly encouraged but not required

When?

Saturday, Feb. 1, 10 a.m.- 3 p.m.

Where?

**The Children's Museum of Indianapolis
3000 N. Meridian St.**

(Follow the signs to the location)

Point your smartphone camera at this QR code to pre-register for the event:



Point your smartphone camera at this QR code for helpful oral health information:



IMMIGRANTS' RIGHTS

KNOW YOUR RIGHTS: IMMIGRANTS' RIGHTS



You have the right to remain silent. You may refuse to speak to immigration officers. Don't answer any questions. You may also say that you want to remain silent.

Carry a know-your-rights card and show it if an immigration officer stops you. The card explains that you will remain silent and that you wish to speak with an attorney.

You have the right to speak to a lawyer. You may have your lawyer with you if ICE or other law enforcement questions you.

If you are worried ICE will arrest you, let the officer know if you have children. If you are the parent or primary caregiver of a U.S. citizen or permanent resident who is under age 18, ICE may "exercise discretion" and let you go.

Always carry any valid immigration document you have. Do not carry papers from another country with you, such as a foreign passport. Such papers could be used against you in the deportation process.

Before you sign anything, talk to a lawyer. ICE may try to get you to sign away your right to see a lawyer or a judge. Be sure you understand what a document actually says before signing it.

Report and document raids and arrests. Document or record the encounter or raid details and involved officer names or numbers to share with attorney and advocacy organizations.



carson.house.gov

Learn
more at
[aclu.org](https://www.aclu.org)